

Checklist for LMI Coaching the Heart Certification

Attend All Three Core Workshops

- **Transforming the Heart**
 - [Register](#) for the course and add the [certification fee](#).
 - Complete the workshop pre-work (Affirmations and [Accomplishments](#)).
 - Participate in at least 7 sessions of the eight-week [team follow up](#) process. If you run into a problem completing this requirement, contact us right away.
 - Read: [The Invitation](#) and [Questions for Jesus](#) by Tony Stoltzfus.
 - Take the [Transforming the Heart](#) [HYPERLINK "http://www.meta-formation.com/exam.html"](http://www.meta-formation.com/exam.html) online quiz [HYPERLINK "http://www.meta-formation.com/exam.html"](http://www.meta-formation.com/exam.html) (within 16 weeks of the workshop) and score at least 85%.
- **Living from the Heart**
 - [Register](#) for the course and add the [certification fee](#).
 - Schedule your one-hour life-story interview with our story team.
 - Participate in at least 7 sessions of the eight-week [team follow up](#) process. If you run into a problem completing this requirement, contact us right away.
 - Read: [The Calling Journey](#) by Tony Stoltzfus.
 - Take the [Living from the Heart](#) [HYPERLINK "http://www.meta-formation.com/exam.html"](http://www.meta-formation.com/exam.html) online quiz [HYPERLINK "http://www.meta-formation.com/exam.html"](http://www.meta-formation.com/exam.html) (within 16 weeks of the workshop) and score at least 85%.
- **Coaching the Heart**
 - [Register](#) for the course and add the [certification fee](#)
 - Complete pre work
 - Participate in at least 7 sessions of the eight-week [team follow up](#) process. If you run into a problem completing this requirement, contact us right away.
 - Reading: None

Take the Foundations of Coaching Tele-course

*(This requirement is for Full Certification **only**; existing coaches taking the Continuing Ed certification option do not need to complete this course!)*

- [Register](#) for the [Foundations of Coaching Course](#)

- Read *Leadership Coaching* [HYPERLINK "http://www.coach22.com/LMI-certification-books.html"](http://www.coach22.com/LMI-certification-books.html), *Leadership Coaching Live (CD set)* and *Coaching Questions* by Tony Stoltzfus
- Participant in at least 10 of the 12 group calls, and in the regular peer practice times
- Take the *Foundations* [HYPERLINK "http://www.meta-formation.com/exam.html"](http://www.meta-formation.com/exam.html) of *Coaching* [HYPERLINK "http://www.meta-formation.com/exam.html"](http://www.meta-formation.com/exam.html) online quiz within 4 weeks of the end of the course and score at least 85%.

Pass the Final Exam

- Register for the oral [final](http://www.meta-formation.com/exam.html) [HYPERLINK "http://www.meta-formation.com/exam.html"](http://www.meta-formation.com/exam.html) exam by paying the [T](http://www.coach22.com/testing.html) [HYPERLINK "http://www.coach22.com/testing.html"](http://www.coach22.com/testing.html)esting and [C](http://www.coach22.com/testing.html) [HYPERLINK "http://www.coach22.com/testing.html"](http://www.coach22.com/testing.html)ertificate fee.
- [Sche](mailto:CoachingDirector@meta-formation.com) [HYPERLINK "mailto:CoachingDirector@meta-formation.com?subject=Request%20for%20Final%20Exam&bcc=office@meta-formation.com&body=I%20would%20like%20to%20schedule%20a%20time%20for%20my%20final%20exam%20for%20LMI%20Coaching%20the%20Heart%20Certification."d](mailto:CoachingDirector@meta-formation.com) [HYPERLINK "mailto:CoachingDirector@meta-formation.com?subject=Request%20for%20Final%20Exam&bcc=office@meta-formation.com&body=I%20would%20like%20to%20schedule%20a%20time%20for%20my%20final%20exam%20for%20LMI%20Coaching%20the%20Heart%20Certification."d](mailto:CoachingDirector@meta-formation.com)ule a 45-minute appointment for the exam with our Coaching Director.
- Record a 45-minute coaching call to review at your exam appointment.
- Pass the oral [final](http://www.meta-formation.com/exam.html) [HYPERLINK "http://www.meta-formation.com/exam.html"](http://www.meta-formation.com/exam.html)exam. Your certificate will be sent to you by mail.