Is it your passion to coach the deep places of people’s hearts—to create transformational experiences that mark them forever? What if you knew how to give people what they’ve spent a lifetime longing for in only a few minutes, through a whole new connection with Jesus?

If that’s you, Leadership MetaFormation offers a unique, new Coaching the Heart certification that will train you to do just that. While most coaching programs focus on working in the rational brain on outward behavior, LMI uses the coaching approach to transform the heart through our emotional brain. Why? Because the beliefs and behaviors we most struggle to change are almost always rooted in emotion. When we encounter Jesus there, everything changes.

What You’ll Learn
The Coaching the Heart program trains you to follow emotion down to the deep desires that drive our behavior. You’ll learn to uncover the beliefs and emotional memories we create to protect our hearts, and then draw coachees into live conversations with Jesus where He fills those desires, reorients beliefs and replaces our defenses. Each course applies those tools to a different realm of life: Transforming the Heart to relationship with God and self, Coaching the Heart to relationships with others, and Living from the Heart to the circumstances God is leveraging to shape us.

“So to my great joy, as I listened to you all I’d been learning over the past 20 years or so came together! Coach to heart and head... coach to emotions and rational. Your training has allowed me to put all the pieces together into an integral whole. I can’t thank you enough!”
Two Options
We offer two paths to certification: a Continuing Ed version for those who are already certified coaches and want to add to their toolkit, and a Full Certification for those new to coaching.

The Continuing Ed program includes:
- Three LMI core workshops: *Transforming the Heart*, *Coaching the Heart* and *Living from the Heart*
- An 8-week, virtual team follow-up process after each workshop
- Three required books: *The Invitation*, *The Calling Journey* and *Questions for Jesus* by Tony Stoltzfus.
- An oral final exam with constructive feedback from our Coaching Director.

Full Certification
The Full Certification program includes everything listed above, plus:
- The 12-week *Foundations in Coaching* tele-course.
- Required Books: *Leadership Coaching*, *Leadership Coaching Live!* (CD set) and *Coaching Questions* by Tony Stoltzfus

Explore the Details
You can find complete information on the *Coaching the Heart Certification* program here:
- [www.Meta-Formation.com](http://www.Meta-Formation.com)
- *Coaching the Heart* certification overview
- Requirements
- Course Calendar
- Registration

Get Started
To start your journey of becoming a coach, sign up for one of our three core courses on our Registration page—that’s all you have to do to apply. We’ll take it from there!