

COACHING THE HEART CERTIFICATION



LEADERSHIP METAFORMATION

Is it your passion to coach the deep places of people's hearts—to create transformational experiences that mark them forever? What if you knew how to give people what they've spent a lifetime longing for in only a few minutes, through a whole new connection with Jesus?

If that's you, Leadership MetaFormation offers a unique, new *Coaching the Heart* certification that will train you to do just that. While most coaching programs focus on working in the rational brain on outward behavior, LMI uses the coaching approach to transform the heart through our emotional brain. Why? Because the beliefs and behaviors we most struggle to change are almost always rooted in emotion. When we encounter Jesus there, everything changes.

"So to my great joy, as I listened to you all I'd been learning over the past 20 years or so came together! Coach to heart and head... coach to emotions and rational. Your training has allowed me to put all the pieces together into an integral whole. I can't thank you enough!"

What You'll Learn

The *Coaching the Heart* program trains you to follow emotion down to the deep desires that drive our behavior. You'll learn to uncover the beliefs and emotional memories we create to protect our hearts, and then draw coachees into live conversations with Jesus where He fills those desires, reorients beliefs and replaces our defenses. Each course applies those tools to a different realm of life: *Transforming the Heart* to relationship with God and self, *Coaching the Heart* to relationships with others, and *Living from the Heart* to the circumstances God is leveraging to shape us.



Cost

The total cost of *Coaching the Heart* certification is:

- Continuing Ed Certification: **\$1899**
- Full Certification: **\$2124**

The prices above include everything but the required books, and do not include early bird discounts. Each course is purchased separately—you pay as you go. These prices are as of March 2016, and are subject to change without notice.

Contact Us

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Two Options

We offer two paths to certification: a Continuing Ed version for those who are already certified coaches and want to add to their toolkit, and a Full Certification for those new to coaching.

The Continuing Ed program includes:

- Three LMI core workshops: *Transforming the Heart*, *Coaching the Heart* and *Living from the Heart*
- An 8-week, virtual team follow-up process after each workshop
- Three required books: *The Invitation*, *The Calling Journey* and *Questions for Jesus* by Tony Stoltzfus.
- An oral final exam with constructive feedback from our Coaching Director.

Full Certification

The Full Certification program includes everything listed above, plus:

- The 12-week *Foundations in Coaching* tele-course.
- Required Books: *Leadership Coaching*, *Leadership Coaching Live!* (CD set) and *Coaching Questions* by Tony Stoltzfus

Explore the Details

You can find complete information on the *Coaching the Heart Certification* program here:

- www.Meta-Formation.com
- [Coaching the Heart certification overview](#)
- [Requirements](#)
- [Course Calendar](#)
- [Registration](#)

Get Started

To start your journey of becoming a coach, sign up for one of our three core courses on our [Registration page](#)—that's all you have to do to apply. We'll take it from there!